



# NATURE'S PHARMATROPIA

Healing with nature

## Sacred Medicines | Products

The foundation of holistic healing is connection: connection to nature, to the elements and to the universe and its life force. Certain plants and remedies are considered sacred because of their ability to heighten and facilitate this connection. This is why these plants have been revered by First Peoples across the world. Their healing powers and medicinal properties have become the cornerstones of phytomedicine.

We offer three unique and sacred medicines: Rapé, a medicinal snuff that helps to heal the respiratory tract and focus and sharpen the mind; Sananga, a remedy made from the roots and bark of the *Tabernaemontana undulata* shrub and used as eye drops to assist in eye conditions, clear the mind, and reboot energy levels and focus; and Ceremonial Cacao, which is used to achieve a sense of harmony both within the self and with the natural world.





## Rapé

Rapé (pronounced 'ha-peh' or 'rapay') is finely-ground shamanic snuff. It has been used for sacred and medicinal purposes for thousands of years. Rapé is made by combining mapacho tobacco from the *Nicotiana rustica* plant with the ashes from a secret assortment of Amazonian foliage. This is then crushed into a fine, light-coloured powder.

Because this powdered snuff is administered through the nose, the effects of rapé are experienced rapidly and intensely. Different combinations of plants provide different uses and effects, with the exact recipe often being kept secret by the shaman. This shamanic snuff contains potent herbs which give rapé its intensity and medical properties as a cleansing agent and immune booster.

Rapé contains *Nicotiana Rustica*, a type of tobacco also known as mapacho. It is important to note that this is not the tobacco used in cigarettes, which is *Nicotiana Tabacum*. Although rapé contains nicotine, it lacks the chemical additives found in cigarettes, and is therefore not as addictive. To benefit from the full effects of rapé tobacco, it helps to understand and appreciate its deep-rooted history as 'social medicine'. Indigenous tribes of the Amazon, use herbs like tobacco and other native plants in various rapé blends, as a means of restoring health to the community. Each rapé blend has its own specific benefits, used to elevate the spirit while cleansing the body.

This rare and deeply healing medicine is produced through a sacred and labour-intensive process from a variety of Amazonian medicinal plants, trees, leaves, seeds and other valued ingredients. Traditionally, Rapé is self-applied using a pipe made of bamboo or bone, called a Kuripe, from which it is blown into both nostrils. One end of the tube is inserted into the mouth and the other into the nostrils. Alternatively, Rapé may be administered by another person through a pipe called a 'Tepi'. One end of this tube is inserted into the mouth of the person administering the rapé and the other end is inserted into the recipient's nostril.





## Mulateiro

### May assist with

- Calm
- Balance
- Virility
- Stamina

### Description

This is a very special and rare blend from the Kuntanawa tribe from Brazil. This Rapè is made from fermented Mapacho tobacco and is coated in molasses, then buried and fermented for 12 moon cycles. The Mulateiro comes from a special tree in the Amazon called Calycophyllum spruceanum (capirona). The bark of this tree has a yearly cycle of shedding and regenerating, and it is believed that this magic transfers into the healing power of the Mulateiro.

It is said that the Amazonian female warriors bathed on the night of the full moon with a preparation made from the bark of the Mulateiro tree. They did this to remain young and beautiful, and the Mulateiro came to be known among the tribes as the 'tree of youth.'

The Huni Kuin Mulateiro blend with its light-grey, fine powder, is stronger and more intense than most other Rapés. There is an initial wave of energy which spreads through the body, and gradually leads to feelings of calm and balance. Men also drink the tea of this tree for virility, strength and stamina.

### Volume

3G , 5G , 10G

### Ingredients

Fermented Mapacho tobacco, sacred ashes of Calycophyllum spruceanum tree

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## Pau Pereira

### May assist with

- Combating anxiety
- Meditation
- Opening the hear

### Description

This light-brown, finely ground Rapè from the Katukina tribe is used for meditation and to discharge energy. It is useful for combating anxiety as it brings clarity and also returns the person to the present moment. Although it has a slower start than other types of Rapé, it has a deep impact. Its healing properties begin from the first inhalation all the way to the end of the ingestion.

This Rapé is made with Arapiraca and believed to harness the powerful element of fire. The Pau Pereira plant is used in various indigenous traditions of the Amazon basin, and considered one of the top ten most important Brazilian medicinal plants.

### Volume

3G , 5G , 10G

### Ingredients

Arapiraca tobacco, sacred ashes from Pau Pereira plant



## Vashawa

### May assist with

- Combating anxiety
- Meditation
- Opening the hear

### Description

This light-brown, finely ground Rapé from the Katukina tribe is used for meditation and to discharge energy. It is useful for combating anxiety as it brings clarity and also returns the person to the present moment. Although it has a slower start than other types of Rapé, it has a deep impact. Its healing properties begin from the first inhalation all the way to the end of the ingestion.

This Rapé is made with Arapiraca and believed to harness the powerful element of fire. The Pau Pereira plant is used in various indigenous traditions of the Amazon basin, and considered one of the top ten most important Brazilian medicinal plants.

### Volume

3G , 5G , 10G

### Ingredients

Arapiraca tobacco, sacred ashes from Pau Pereira plant

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## Yawanawa

### May assist with

- Deep cleansing
- Meditation
- Realigning and releasing energy

### Description

A very powerful and beautifully feminine Rapé made by the Yawanawa tribe from Brazil, which is akin to the 'Warrior princess' energy: superb for deep cleansing, re-aligning, and connecting to the powerful feminine/yin energies. It strongly supports deep cleansing and re-alignment.

It is a great rapé to use when doing any kind of chakra or aura meditations as it helps you connect to these elements.

### Volume

3G , 5G , 10G

### Ingredients

Arapiraca tobacco, combination of sacred ashes



## Nukini

### May assist with

- Cleansing
- Grounding
- Calm
- Health

### Description

This form of Rapé is very pure. It is both grounding, and at the same time, believed to support a deep connection to the spirit of the jungle and the earth.

The base of this Nukini Rapé is made from the ash of the Capirona (or Mulateiro) tree. This is an Amazonian canopy tree that grows 30 meters high and produces an abundance of small, white aromatic flowers. The bark of the tree is used by various tribes of South America for its antifungal and antibacterial activity. It is also high in phenols and organic acids, as well as antioxidants.

### Volume

3G , 5G , 10G

### Ingredients

Arapiraca tobacco, sacred ashes of Capirona tree

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## Tsunu

### May assist with

- Clarity
- Focus
- Grounding
- Heart-opening

### Description

This beautiful blend promotes healing and purification. Tsunu Rapé is a healing, heart-opening blend that eliminates any energy imbalances while encouraging the release of dis-ease on the physical, mental, emotional and spiritual levels.

Tsunu Rapé is a mix of tobacco and Tsunu bark ash. It is one of the oldest blends and known for its powerful effects including clarity, grounding and focus. It is great for sustained use over a long period. Tsunu is the perfect blend for a body, mind, and spirit reset, as it will clear negative energies while keeping you grounded.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Tsunu bark



## Cumarú

### May assist with

- Grounding
- Protection
- Clarity
- Focus

### Description

This Rapé is very strong and extremely grounding. Its effects are felt all the way to the back of the throat. Its key component is ash from the Cumarú tree, one of the tallest trees standing above the crowns of other trees. According to the Huni Kuin tradition, the Cumarú tree does not rot; it is one of the densest and hardest woods found on the planet. The indigenous tribes regard the Cumarú tree and its spirit as one of the main teachers of the rainforest. They call it 'Black Rapé', as it is known to offer protection against negative energies and forces.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Cumarú wood

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## Pixuri

### May assist with

- Sinus problems
- Headaches
- Flu
- Concentration
- Focus

### Description

Pixuri Rapé is one of the earliest traditional medicinal snuffs. It is also one of the most effective Rapés available for focus, concentration and mental calm. This Rapé is prepared by pulverizing the medicinal leaves of the Pixuri. The seeds of Pixuri are also used for specific medicinal qualities and to add flavour.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Murici and Pixuri plants



## Parika

### May assist with

- Grounding
- Meditation
- Clearing

### Description

This is a very exclusive Rapé with high mapacho content. It has a grounding, energy-clearing effect. It is traditionally used for creating a solid, stable support when it feels like circumstances are out of our control. From this point of grounding the blend continues to fill you with a sense of focus and clarity. It is quite strong and is effective for preparing for ceremonies and meditations. It is believed that Parika Rapé is ideal for connecting with the guardians and spirits of the forest and mother earth.

This dark-grey blend comes from the small Xinā Bena Kenya tribe. It is prepared with ground tobacco and the ashes of the Parika (*Anadenanthera peregrina*) tree, and limestone.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Parika tree

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## Katzarau

### May assist with

- Headaches
- Sinus problems
- Protection
- Strengthening

### Description

Katzarau Rapé, which contains the sacred ashes of the Katzarau tree, is an exclusive Rapé with high mapacho content. Traditionally, this Rapé is used for spiritual cleansing, strengthening and protection. It is known to clear away negative energy and suited for ceremonies and meditation.

The Huni Huni people and various other indigenous tribes have been using Katzarau as a medicinal herb in tea, incense, snuff and baths for thousands of years. The exact contents of this blend is guarded by the tribe, but for eons has been used for physical and energetic cleansing.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Katzarau tree (*Cercidiphyllum*)



## Parika

### May assist with

- Grounding
- Meditation
- Clearing

### Description

This is a very exclusive Rapé with high mapacho content. It has a grounding, energy-clearing effect. It is traditionally used for creating a solid, stable support when it feels like circumstances are out of our control. From this point of grounding the blend continues to fill you with a sense of focus and clarity. It is quite strong and is effective for preparing for ceremonies and meditations. It is believed that Parika Rapé is ideal for connecting with the guardians and spirits of the forest and mother earth.

This dark-grey blend comes from the small Xinā Bena Kenya tribe. It is prepared with ground tobacco and the ashes of the Parika (*Anadenanthera peregrina*) tree, and limestone.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Parika tree

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## Murici

### May assist with

- Grounding
- Manifestation
- Creativity
- Sinus problems
- Flu

### Description

The Huni Kuin people are very well known for their use of Murici Rapé . Murici is a tree that attracts many different birds in the Amazon and is seen by the Huni Kuin people as a representation of abundance. This Rapé is gentle and heart-warming, and is a useful tool for creative sessions. It is believed that Rapé made with Murici is good for general energetic cleansing of the body and spirit. It is also used to open the path to abundant manifestation.

We advise a strong loving intention when using this Rapé, to manifest an abundance of positive opportunities for yourself and your life.

The Huni Kuin tribe use Murici Rapé while envisioning what they want for their lives and projecting loving energy towards manifesting that vision.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Murici plant





## Parika

### May assist with

- Grounding
- Meditation
- Clearing

### Description

This is a very exclusive Rapé with high mapacho content. It has a grounding, energy-clearing effect. It is traditionally used for creating a solid, stable support when it feels like circumstances are out of our control. From this point of grounding the blend continues to fill you with a sense of focus and clarity. It is quite strong and is effective for preparing for ceremonies and meditations. It is believed that Parika Rapé is ideal for connecting with the guardians and spirits of the forest and mother earth.

This dark-grey blend comes from the small Xinã Bena Kenya tribe. It is prepared with ground tobacco and the ashes of the Parika (*Anadenanthera peregrina*) tree, and limestone.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of Parika tree

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## Haira Haira

### May assist with

- Grounding
- Connection
- Meditation
- Clearing

### Description

Haira Haira Rapé was first created in 2007, when João Xamitun, returning from a trip to a Hunikuin village, shared his knowledge with the HairaHaira family. This blend has been prepared ever since by a renowned medicine woman of this family and kept as a closely guarded secret. It is believed to be channeled with intuition and direct guidance from spirit and very effective in treating migraines, sinusitis and respiratory problems.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, secret blend of sacred ashes of Amazonian plants



## Caneleiro

### May assist with

- Arthritis and painful joints
- Aligning energies
- Hormone-balancing
- Cell regeneration

### Description

Caneleiro Rapé is made by the Yawanawa tribe, whose preparations tend to have a higher ash content making it one of the stronger blends. It is often used for its grounding properties. It is particularly suitable for situations when you feel your energy is too externally focused, and you have a need to ground your energy, listen to your body and return to centeredness within yourself. If you're ready to expand in any area of your life, this is the best blend for you. It is ideal for aligning the body and chakras in complete balance. Caneleiro Rapé has a strong healing effect, focusing on the third chakra and the element of fire. The Caneleiro plant is often used to make tea for arthritis, joints and pain, healing powers which are also present in the Rapé.

### Volume

3G , 5G , 10G

### Ingredients

Fermented Mapacho tobacco, sacred ashes of Cenostigma Macrophyllum tree

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## Veia de Paje

### May assist with

- Clarity
- Protection
- Clearing

### Description

This blend from the Kuntanawa tribe is used to protect against jealousy and spiritual persecution. It also helps with heart problems, improving circulation and regulating heart rate. It is useful for clearing and protecting property, as well as bringing clarity of mind. This clarity helps you to focus on your desires and intentions. Veia de Paje magnifies positive energy in your life. This Rapé is made with natural Sabia Mapacho, ashes of the Sapota tree and a vine called Veia de Paje ('Vein of the Shaman'). It is a herb used by the tribe for different types of magic in the forest. It is believed to be an energetic attractor, keeping away negative energies and attracting positivity. When using this Rapé, it is good to keep your mind focused on what you want to attract.

### Volume

3G , 5G , 10G

### Ingredients

Mapacho tobacco, sacred ashes of the Sapota tree and a vine called Veia de Paje ('Vein of the Shaman')



### Starter Kit 1

Nature's Pharmatropia Starter Kit has been designed to keep your RAPÉ safely tucked away

#### Includes

- 5g Rapé, Kuripe Pipe, Leather Pouch, Lighter, Smudging Stick
  - This all-in-one kit comes with a leather pouch, and is ideal for beginner users and as gifts
  - Choose rapé and plain bamboo pipe
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### Starter Kit 2

Nature's Pharmatropia Starter Kit has been designed to keep your RAPÉ safely tucked away

#### Includes

- 3 X 3g Rapé Plus Plain Bamboo Pipe
  - Nukini, Muiliteiro, Vashana
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### Sample Pack

Nature's Pharmatropia has a curated starter kit for the beginner RAPÉ user. This will enable the user to sample small amounts of RAPÉ and to be guided by the process of using RAPÉ to bring about healing. Each RAPÉ is made with a variety of tobacco, plants, bark and ash with distinctive healing properties. The sample pack will allow the novice to experience the different effects this ancient healing remedy holds in order to find the one that best serves their personal needs.

#### Includes

- 5 X 1gr Rapé
- Pau Pereira, Pixuri, Tsunu, Caneleiro, Murici

## Rapé Pipes

Rapé can be self-administered using a triangle-shaped pipe – Kuripe. The dosage may depend on the kind of rapé being served and the individual's needs, but for beginners a pea-sized amount is a good starting dose for each nostril.

**What is a Kuripe?** A Kuripe is a decorated bamboo pipe used to self-administer Rapé.

**How do I choose a Kuripe?** Your choice will depend on your personal taste and budget. Kuripe self-applicators are simple, effective and functional. Each one is unique and handmade with intention.

**What size Kuripe do I need?** Nature's Pharmatropia has a wide variety of pipes and sizes to accommodate individual needs.

### HERE ARE THE STEPS TO SELF-ADMINISTER RAPÉ THROUGH A KURIPE:

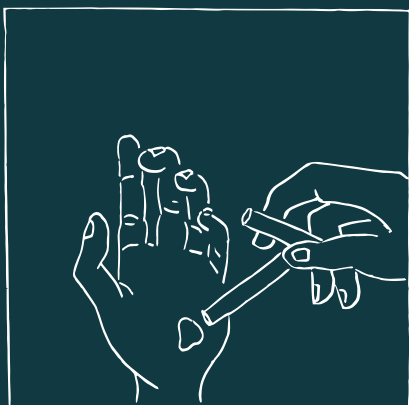
Have a bottle of water nearby, as well as tissues for blowing your nose. Find a comfortable place to take your Rapé. The energy surrounding the use of Rapé should have the feeling of ritual and intentionality. Ground yourself in the present and focus on your intention. Measure out the amount of snuff you want to consume on the palm of your hand.

Load up the nasal end (longer end) of the Rapé applicator with half the amount on your palm. Tap the V end on a hard surface to remove any stuck snuff or air pockets. Take a deep breath, place the mouth end (shorter end) of the pipe into your mouth and fit the nasal end snugly into your nostril. Lean forward a little, close your eyes, and forcibly blow the Rapé into your nostril.

Take a moment to feel the first dose.

Load up the nasal end of your Kuripe with the rest of the Rapé on your palm and administer into your second nostril. Finally, ground yourself in the present moment and allow your consciousness to connect to nature and to the healing plants in the medicine.

Repeat if necessary.





## Kuripes

Nature's Pharmatropia stock a variety of Kuripes for our customers to choose from. These Kuripes change on a regular basis so make sure to check our website for the latest stock.

### Engraved Kuripes



### Ceramic Kuripes



### Decorated Kuripes



### Imported Kuripes







### Tepi's

A ceremony with Rapé can be a ritual between two people. Deeply rooted in the Amazonian shamanic tradition, the Tepi is a long applicator, which is used by a shaman to administer the Rapé. It is long enough to allow the one taking in the snuff to have their own space. Each one of the pipes we offer is unique and handmade using Bamboo, Palo Santo and custom decorations.







## Sananga Eye Drops

### May assist with

- Focus
- Cleansing
- Grounding
- Improved vision

### What to expect

Shortly after application, most users report a strong burning and intense prickly pain sensation. This heightened sensation subsides after a few minutes. They can be alleviated by focusing on breathing and by visualizing how the burning sensation removes blocked energies and brings deep healing. Try to surrender fully and relax as much as possible.

### Ingredients

Sananga - *Tabernaemontana undulata*

## Cacao

During the past decade, using cacao as a catalyst for healing has become popular in the West, although it has been used for medicinal and ceremonial purposes for thousands of years. Cacao is considered sacred, and the ritual of drinking it as an elixir for good health has its roots in the ancient Olmec, Mayan and Aztec traditions in Central and South America.

Cacao is the natural and unprocessed seed of the *Theobroma cacao* tree. It contains flavonoids which can help reduce inflammation throughout the body. It is also packed with antioxidants. The nutrients in cacao have been shown to help lower blood pressure, improve blood flow to the brain and heart, and aid in preventing blood clots. Theobromine is an alkaloid responsible for the stimulating effects of cacao. It is a heart stimulant, it dilates blood vessels and reduces blood pressure.

You may have heard about ritual cacao ceremonies, especially if you're part of a yoga community. These days, cacao ceremonies are commonly practiced in spiritual groups and have many benefits, including the simple joys of communal connection and nutrition. While they've recently become a trend in the contemporary world, many indigenous communities have this as part of their culture spanning centuries.

Many of them still practice the ceremonial rites inherited from their ancestors. Cacao ceremonies adopted in the West have a broader purpose, they are typically spiritually agnostic and can be practiced ritualistically and individually at home, similar to forms of tea meditation.



**How to take it:** Cacao taken in this way can be used to replace your morning coffee as it is also a stimulant but not as hard hitting on the nervous system as caffeine.

**To prepare:** Break the cacao disk into smaller pieces and add to a cup. Add hot but not boiling water and/or hot plant based milk as well as the remaining ingredients and stir vigorously.

Alternatively add everything to a blender or shaker for a more foamy drink. Add honey or a natural sweetener of your choice. Bear in mind that adjusting to the bitterness which is part of this medicine is recommended. The bitter taste burns off toxins and allows us greater capacity for the bitter experiences in life so we may appreciate the sweetness that much more when it comes around. Sit in a quiet space and enjoy as part of your morning ritual to centre and still your mind.



### Plain Ceremonial Cacao for daily use

#### May assist with

- blood pressure by improving blood flow to the brain and heart
  - preventing blood clots
  - lowering risk of diabetes
  - reducing inflammation
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- skin disorders
  - pancreatic health
  - weight loss and maintenance
  - help with anaemia (especially among vegetarians and vegans)

#### Description

Cacao is the natural and unprocessed seed of the Theobroma cacao tree. It contains flavonoids which can help to reduce inflammation throughout the body. It is also packed with antioxidants. The nutrients found in cacao have also been shown to help lower blood pressure, improve blood flow to the brain and heart, and aid in preventing blood clots. Theobromine is an alkaloid responsible for the stimulating effects of cacao. It is a heart stimulant, dilates blood vessels and reduces blood pressure. The flavonoids in cacao may help increase insulin sensitivity, reducing the risk of diabetes.

Cacao is also rich in magnesium which is essential for many biochemical reactions in the body, including protein synthesis, muscle and nerve function, blood glucose control, and blood pressure regulation.

Furthermore, Cacao is rich in sulfur which may help ease the effects of several skin disorders, including acne, psoriasis, warts, dandruff and eczema. It is also associated with strong nails, shiny hair and overall liver and pancreatic health.

Finally, Cacao may reduce your appetite by helping you better attune to your body's hunger signals. This is said to be because the monoamine oxidase enzyme inhibitors found in cacao are linked to weight loss and maintenance.

#### Ingredients

Organic Cacao paste, Organic Cacao butter, Organic Ceylon Cinnamon, Turmeric, Cayenne pepper, Vanilla



## Divine Union Cacao ceremonial Kits

### Introduction

Divine union within ourselves is found in the weaving and balancing of the divine feminine and divine masculine energies that we hold, cultivate and embody. When these two energies are in balance and harmony we will experience greater flow, ease and grace in our daily life. In working from

this space of divine harmony and the sacred union of the divine feminine and masculine, we unite, heal and become creators of our own destinies.

Cacao was served in Maya and Aztec cultures as a symbol of the afterlife, yet the afterlife was also intimately connected with the idea of rebirth and fertility.

Mesoamerican people believed that humans were created by the gods from the food crops that sustained life, especially cacao and maize. As a symbol of new life, cacao was often exchanged to endorse marriage alliances in both Maya and Aztec societies. Brides and bridegrooms in marriage ceremonies would often gift cacao beans or beverages to one another and engage in chokola'j, the act of drinking chocolate together, to seal the wedding pact. This exchange of cacao was a blessing of fertility for the couple. In Mayan tradition, the word cacao is literally translated as "heart blood", emphasizing the importance the plant possesses in their culture. Cacao is known as a strong heart opener.

### Description

Divine Union Ceremonial Cacao Kits are designed to facilitate Divine Union within ourselves through connecting to the heart and balancing our innate polarities of feminine and masculine. When our feminine and masculine energies are in balance and harmony we experience greater flow, ease and grace in day-to-day life. The union of the feminine and masculine can unite, heal and create abundance. The synergy created by this balanced union, catalyzes the forces of creation into manifestation.

A healthy feminine offers tenderness, wisdom, patience, nurturing, flexibility and fertility and is associated with the heart and intuition. The unhealed feminine feels tightly coiled and insecure due to victimization and years of domination and control, not being able to fully step into and embrace our essence and power.

The intent with this Cacao ceremony is to create, anchor and solidify the blueprint for our own unique frequency of Divine Union in order to embody that fully in day-to-day life, returning to that point of harmony whenever we step out of flow. When the feminine and masculine energies are in balance and harmony we will experience greater flow, ease and grace in daily life.

### Ingredients

Ceremonial Cacao, Cacao Butter, Cinnamon, Cayenne Pepper, Rose, Golden Spiral, Ginger, Desert Salt, Turmeric

### Each kit contains

- 1, 2 or 4 portion ceremonial cacao prepared by a Kuchina
- 1 x Crystal with the energy of intention
- 1 x Visual art - to hold frequency and anchor intention
- Information card with instructions on holding ceremony
- Smudging stick and candle to consolidate intention and frequency
- Meditations to complement the ceremony are available on YouTube



## Inner Child Ceremonial Cacao Kit

### Introduction

DAI all our experiences and how we interpret them impact how we view the world and show up in our daily lives. Many of us experience life through the lens of our childhood experiences. These can become disempowering labels or stories we have about ourselves. When learning to safely navigate

and heal wounds from the past, your present self begins to thrive in areas of self-love, forgiveness, and compassion. Approaching Cacao ceremonies with the intention of healing the inner child can be a powerful tool to unlock the past and any resultant dis-ease and unbalance. This cacao ceremony-in-a-box provides useful tools to unlock freedom from past traumas by connecting with the inner child.

### Description

Through experiencing childhood trauma or hardship we often don't receive the opportunity to fully process, heal or integrate experiences and can get stuck in the same looping cycle of the fight or flight instinct as the only way to stay "safe". If left unhealed this initial reaction to the trauma will become our default reaction to anything that reminds the inner child of that experience. The journey of healing this is one that takes a commitment to both accepting and meeting those parts of ourselves with compassion and non-judgment. The moment we heal and integrate the inner child we are able to take full responsibility for our lives and interactions with others. From this liberated perspective we are able to access the creative mystery and magic in our lives guided by the wonder and imagination of our inner child that is the pure essence of creativity and freedom.

### Ingredients

Ceremonial Cacao, Cacao butter, Cinnamon, Ginger, Sceletium, Salt, Fennel, Caraway, Calendula, Clove, Maca

### Each kit contains

- 1, 2 or 4 portion ceremonial cacao prepared by a Kuchina
- 1 x Crystal with the energy of intention
- 1 x Visual art - to hold frequency and anchor intention
- Information card with instructions on holding ceremony
- Smudging stick and candle to consolidate intention and frequency
- Meditations to complement the ceremony are available on YouTube



## Opening Dream Space Cacao Ceremonial Kit

(contains \*Nature's Pharmatropia Soul Dreams)

### Introduction

The intent for this ceremony is to connect with your dreamspace through assistance of cacao leading to a more connected, protected and enhanced dreamtime and prophetic dream experiences. This allows you

to bring back answers and guidance through your dreams, and resolve issues bringing a more connected relationship with the self.

## Description

Working with this ceremonial cacao and plant medicine with a clear intent of opening up to your light can greatly assist in the experience of lucid dreaming. Dreams will be more vivid, easier to remember and will assist with visionary and prophetic dreams through divination and finding answers to specific questions. This brings us into direct communication with parts of our soul and inner guidance not always available to us in normal waking states. This medicine is made through an alchemical process that combines the frequency of all of these plants.

## Ingredients

Ceremonial Cacao, Cacao Butter, \*Nature's Pharmatropia Soul Dreams, Hempseed, Blue Lotus, Cinnamon, Cayenne Pepper, Fennel, Ginger

### Each kit contains:

- 1, 2 or 4 portion ceremonial cacao prepared by a Kuchina
- 1 x Crystal with the energy of intention
- 1 x Visual art - to hold frequency and anchor intention
- Information card with instructions on holding ceremony
- Smudging stick and candle to consolidate intention and frequency
- Meditations to complement the ceremony are available on YouTube



## Bringing in Soul Creativity Ceremonial Cacao Kit

### Introduction

Creativity is more than making art, we can tap into our innate sense of creativity while doing just about anything. When we allow ourselves to discover our ability to be creative, while performing the most mundane tasks, we are starting to tap into the essence of alchemy.

## Description

By connecting to our creative impulse, we connect to the essence of our soul seeking to experience life from its own unique perspective. Besides elevating our own level of thinking, we also create an opportunity for others to experience a perspective they wouldn't have experienced otherwise.

We are multidimensional beings who are here to share our creativity with the world. This gives us the opportunity to be seen and known by others, a basic need for emotional human fulfilment.

In essence, the fate of the human race depends on our ability to connect to and implement our creative visions. Out of creativity comes resilience—the ability to envision and find a new path. This is crucial for our survival. From it also comes invention, another asset to our evolution. The highest form of meditation is when we embrace ourselves in the moment and allow ourselves to channel our creativity freely. This is creating art. Art does not have to be physical. It can be a level of consciousness. Why? Because we are constantly creating new ideas. And it is when we are in the moment having a new idea that we become both expansive and simultaneously grounded. Nature's Pharmatropia Soul Creativity Cacao kit has been designed to help you tap into your creativity from which a harmonious state of consciousness can be accessed.

## Ingredients

Ceremonial Cacao, Cacao Butter, Creation, Bobinsana, Hemp, Sesame, Hibiscus, Cayenne Pepper, Orange, pink Himalayan Salt



### Each kit contains

- 1, 2 or 4 portion ceremonial cacao prepared by a Kuchina
- 1 x Crystal with the energy of intention
- 1 x Visual art - to hold frequency and anchor intention
- Information card with instructions on holding ceremony
- Smudging stick and candle to consolidate intention and frequency
- Meditations to complement the ceremony are available on YouTube



### Shamanic Energy Drops

Vibrational medicines represent alchemy in its purest form. Through combining the living essences in a variety of highly charged homeopathic remedies, the body is encouraged to realign with its inherent state of equilibrium. These medicines are created within a sacred process of cultivation and clarity; and each aspect of these remedies contributes to a layer of healing and unfolding. Our vibrational drops encapsulate the living energy from a variety of different sources to treat everything from stress to the ageing process.



## Nature's Pharmatropia Sananga Potentised Homeopathic Drops

### Introduction

Creativity is more than making art, we can tap into our innate sense of creativity while doing just about anything. When we allow ourselves to discover our ability to be creative, while performing the most mundane tasks, we are starting to tap into the essence of alchemy.

### May assist with:

- Focus
- Cleansing
- Grounding
- Calming and soothing the nervous system

### Description

The potentised homeopathic version of Sananga can be used orally – most benefits are experienced on a spiritual and physical level introduced by the signature frequency of Sananga that has been potentised and amplified through a homeopathic and alchemical process.

Sananga is made from the roots and bark of the *Tabernaemontana undulata* shrub, a “milkwood” species that comes directly from the Amazonian tribes. This sacred and potent medicine is used for healing physical and spiritual ailments, by clearing the mind of destructive energies and allowing a complete new way of perceiving and focusing. This Sananga is infused with intentions of absolute clarity and focus. It can be used before any ceremony or meditation experience to enhance deeper clarity and vision.

### Ingredients

Potentised homeopathic preparation of Sananga – *Tabernaemontana undulata*

7 drops under the tongue when needed 1- 3 times a day

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## Nature's Pharmatropia Kambo Potentised Homeopathic Drops

### Introduction

This potentised vibrational version of Kambo carries the pure spirit of this powerful medicine. Indigenous people have used Kambo for centuries to heal and cleanse the body by strengthening its natural defenses and boosting immunity. Culturally it is used to ward off bad luck although it also

has a myriad of other healing properties. It was also believed to increase stamina and hunting skills.

### May assist with:

- calm
- better time management – time feeling more expansive
- addiction
- anxiety
- cancer
- chronic pain

- depression
- chronic conditions such as diabetes, rheumatism and vascular conditions
- hepatitis
- infections
- infertility

### Description

Kambo is mainly found in South America. It's named after the poisonous secretions of the giant monkey frog, or *Phyllomedusa bicolor*. It has a range of traditional and potent therapeutic applications, both medical and psycho-spiritual and is known for its powerful emetic or purgative effects.

Kambo has the ability to "slow down time" allowing a sense of calm and an ability to achieve more in a given period of time. These days healers and naturopathic practitioners still use it for purifying the body of toxins, as well as treating numerous health conditions. The unique potentised homeopathic version of Kambo separates the frequencies of traditional Kambo and does NOT have a purgative effect. It brings the same potency of medicinal and spiritual benefits in an oral form which can be used daily without the severe side effects of vomiting. Our vibrational drops encapsulate the living energy from a variety of different sources to treat everything from stress to the ageing process.

### Ingredients

Potentised Homeopathic Preparation of Kambo

10 Ml DROPPER

7 drops under the tongue when needed 1- 3 times a day



## Nature's Pharmatropia Divine Feminine Bliss Potentised Homeopathic Drops

### Introduction

Divine Feminine Bliss carries the frequency of the divine feminine. It embodies bliss and ecstasy, specifically created to enhance fun, pleasure and joyful states of being.

### Description

Increases oxygen levels in the blood and soothes the nervous system for expansion out of fight and flight into bliss and ecstasy. Damiana (*Turnera diffusa*) has been historically known for its use as a natural female aphrodisiac and relaxant. Its use dates back to the time of the ancient Aztecs and Mayans and assists by increasing circulation and sensitivity to female organs. Its pro-sexual effects are due to flavonoid compounds present in the leaves operating as a nerve relaxant, digestive stimulant and mood enhancer. Blue Lotus has also been known as an aphrodisiac since ancient times and has the added benefit of a natural mood booster. The royal Blue Lotus (*Nymphaea caerulea*), also known as Blue Water Lily from ancient Egypt has been celebrated in various ceremonial practices.

Sceletium assists to open the heart, dissolve emotional armoring, and remove relational fear. With the natural human trust opened and expanded in this safe state, the opportunity for a profound deepening of love, communication and intimacy becomes accessible between lovers. This encourages deep and authentic aphrodisiac expression and pro-sexual effects based on emotional responsiveness, acceptance and balanced giving and receiving of love.

## Ingredients

Potentised homeopathic preparation of Damiana, Blue Lotus, Sceletium

10 Ml DROPPER

7 drops under the tongue when needed 1- 3 times a day

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### Nature's Pharmatropia Root of David Potentised Homeopathic Drops

#### Introduction

The vibrational drops containing Root of David carry a frequency and presence of supreme protection and wisdom. Root of David (*Cissampelos capensis*) is considered by some to be the highest of all protection plants

growing in Southern Africa. Indigenous people believe it can cloak you with invisibility so your enemies can't see you. A plant only worked with "in the light" and believed to have been favoured by King Solomon more than gold or diamonds. Chinese people know it as Kwasi Chips – meaning almost but not yet divine.

#### May assist with

- Protection
- Wisdom
- Respiratory tract conditions
- Blood pressure
- Stomach ailments

#### Description

*Cissampelos* is a genus of flowering plants in the family Menispermaceae. Various species of this genus have a rich history of traditional use in the treatment of asthma, cough, fever, arthritis, obesity, dysentery, snakebite, jaundice and heart problems, blood pressure and skin-related problems. Moreover, many of these plants were traditionally used as curare applied as arrow poison during hunting.

Rhizomes of this species are used medicinally in Western Cape, South Africa for the treatment of boils, glandular swelling, cholera, colic, diabetes and several cancers.

## Ingredients

Potentised homeopathic preparation of Root of David (*Cissampelos capensis*)

10 Ml DROPPER

7 drops under the tongue when needed 1- 3 times a day

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### Nature's Pharmatropia Dragon's blood Potentised Homeopathic Drops

#### Introduction

Dragon's blood is a resin which forms naturally on berries of the cinnabar tree. To extract the resin, it is either rubbed off by hand, or exposed to steam to cause it to fall off naturally. The vibrational drops carry the pure



spirit of Dragon's blood. Three main uses for dragon's blood are protection, banishing, and healing. It is also commonly believed that adding dragon's blood to most other blends of herbs will increase the potency of the original blend, making it a powerful addition.

### May assist with

- Protection
- Banishing
- Healing
- Increasing the potency and effectiveness of other herbs
- Warming of the body
- Enhancement your own personal spiritual power
- Activate and enhance your own inner power and amplify any intent you are working on

### Description

When used alone, Dragon's Blood symbolizes power, protection, healing, and fire. Use Dragon's Blood wherever fire is needed in the place of real flames, or when wanting to enhance your own personal spiritual power.

Being strongly associated with fire, it can be very powerful during a ceremony. If performing a ceremony that requires a physical manifestation of fire, but fire is not allowed or available, Dragon's Blood in solid form can be substituted. Use of these vibrational drops can activate and enhance your own inner power and amplify any intent you are working on, whether clearing or manifesting.

### Ingredients

Potentised homeopathic preparation of Dragon's Blood

10 Mℓ DROPPER

7 drops under the tongue when needed 1- 3 times a day



## Rainbow Dragon Traditional oil

### Introduction

Rainbow Dragon Traditional oil can assist with grounding, deep cellular healing and clearing, and helping the body to integrate and find balance within. This oil is made and prepared traditionally in sacred space infused with specific protective energies for the body's immune system. It also

assists with spiritual immunity. This particular oil has been blessed by Mamma Viginia Mutwa – wife of the late Credo Mutwa.

### May assist with

- Increasing immunity
- Grounding
- Bacterial, fungal and viral infections
- Respiratory tract infections
- Skin conditions
- Pain, irritation and itching
- Banishing
- Healing

## Description

This medicine blend is packed with antioxidants and has cancer-fighting properties. It can assist in eliminating bacteria, may alleviate inflammation and help protect the liver. It can also aid in blood sugar regulation and prevent stomach ulcers. The oil is anti-bacterial in nature and when applied on the skin may prevent acne by fighting off skin infections.

It can be used topically to relieve pain, irritation, and itching. Being rich in anti-fungal, anti-bacterial, and antioxidant properties, this oil is effective against the microbes contributing to the skin problem. By increasing the blood flow to the affected area it helps blemishes to fade. It is known to kill bacteria, viruses and even drug-resistant fungi. Furthermore, it helps your body fight infections and repair tissue damage.

## Ingredients

- Coconut oil
- Nigella Sativa oil
- Hemp seed oil
- Rosemary essential oil
- Eucalyptus essential oil
- Clove oil
- Cinnamon oil
- Camphor oil
- Lemongrass oil

30 ml bottle

Rub on skin or affected areas, use in hot water or bath for inhalation, under the feet for grounding, or sinuses and chest for respiratory conditions.



# NATURE'S PHARMATROPIA

Healing with nature

## DISCLAIMER:

These unregistered medicines have not been evaluated by SAHPRA for their quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease. Please consult your health care practitioner before consuming any of our products. Consult your Doctor if you are pregnant or breastfeeding.

NOT FOR SALE FOR PERSONS UNDER 18